



**ARTBEAT 16-25 JUNE**

**Clarendon Park Community Arts Festival Programme**

# Welcome

to the fourth ArtBeat Festival.

ArtBeat started four years ago as a pure arts festival in Clarendon Park and over time it has evolved into the cultural festival that you'll find in this programme.

We have some old favourites returning, and there are plenty of new events.

This year has science and philosophy in addition to a great variety of music, film, comedy, spoken word, dance, literature, creative workshops, a treasure hunt and even a Baking competition! There are events for children and many places of worship have opened their doors to welcome us in.

There is something for everyone!

All the ArtBeat events are FREE (except some affiliated ones), so it will cost you nothing to try something new, meet new people and perhaps surprise yourself.



Friday 16<sup>th</sup> June

### **Sight reading Shakespeare**

13:00 - 15:00 Knighton Library

Bring your own copy of A Midsummer Night's Dream (any edition) and bring it to life in Leicester!

**Literature**

### **Tangent Poets and U3A Creative Writing Group**

14.00 - 17:00 Friends Meeting House (Library)

An invitation to a writing and reading workshop for poets and prose writers to share some of their work in a friendly and supportive space. The theme is "We All Belong."

**Poetry U3A**

### **Open Mic Acoustic Music and Poetry**

18:00 - 20:00 Friends Meeting House (Library)

Drop in and play or sing, share your songs or just listen.

Everyone welcome. Featuring Greg Lint on the Erhu, Chinese violin.

**Events are subject to change, for the latest information visit [www.clarendonpark.net](http://www.clarendonpark.net)**

### **Imagery and Alternatives to Animal**

#### **Experiments in Education**

19:00 - 20:00 Friends Meeting House (Small Meeting Room)

An exploration of humane alternatives to animal experiments and dissection, with special focus on imagery and ethics in life science education, with Nick Jukes of InterNICHE.

**Science**

### **A Right Carry on up The Clarendon**

20:00 - 22:30 The Clarendon

Comedy and entertainment for the opening of ArtBeat 2017 featuring comedians Thomas Rackham, Matt Hollins, Caroline Ryan and music from Bellatones.

**Comedy Music**

### **Beer Festival**

Fri 16th Jun 17:00 - Sun 18th 23:00 Knighton & Clarendon Park Club

Celebrate Father's Day with many types of real ale and other alcoholic drinks!

**Small admission charge.**

**Beer Affiliated**

## **Treasure Hunt—Come and search for the treasure of Clarendon Park**

Saturday 16th—Sunday 25th June

Follow the clues to lead you to the Treasure of Clarendon Park. An interactive treasure hunt for all the family which you can complete at any time during the week.

Download a treasure map and clues from [www.clarendonpark.net](http://www.clarendonpark.net) or collect a copy from Knighton Library or the ArtBeat Hub.

Take your completed entry to the secret rendezvous which is revealed during the Treasure Hunt. Prizes and the treasure will be awarded and winners notified by Monday 26th June.

**Families Children Community**

## **Open Day - Try some instruments!**

10:00 - 16:00 Stoneygate Music Centre

Children and parents, come along to the open day and try out some instruments. There will be drinks and tasty snacks available all day.

**Music Children Families Food Affiliated**

## **Qigong & Mindfulness in the Garden**

11.00-11.30 Community Gardens

Qigong combines meditative and physically active elements, is the basic exercise system within Chinese medicine. Come along, learn a few moves in the gardens.

**Health**

## **Barbecue -25th Anniversary of Christchurch**

11:00 - 13:00 Christchurch (car park)

Celebrate the 25th anniversary of the former Baptist and Methodist churches coming together to form Christchurch. Hot dogs, burgers and refreshments are all FREE. Bouncy castle. Music by members of Greenshoots Ceilidh Band.

**Children Families Food Music Affiliated**

## **Mindfulness for kids and families**

12:00 –12.45 Create Studios

Mindfulness with Caitlin for families and children. Learn what Mindfulness is, how you can use it in everyday life, breathing and meditation techniques.

**Health Families Children**

## **Stoneygate Music Centre presents Strings Masterclass**

12:00 - 14:00 Christchurch (Worship Hall)

With James Dickenson (Violinist of the Villiers Quartet). Public masterclass for talented young musicians.

**Music**

## **Acoustic and Antiques**

13.30-16.00 Antiques Warehouse

Come along & listen to acoustic music amongst the antiques.

**Music**

## **New Poetry Collections from SoundsWrite Press**

14:00 - 15:00 Knighton Library

Soundswrite Press has two new collections: This Dust by Maxine Linnell & Night Rider by Marilyn Ricci. Come & hear them read.

**Poetry**

## **Jonathan Plays the Violin**

14.00-15.30 Christchurch

For his graduation concert, passionate musician, 12 year old Jonathan will play music mostly by Bach, Seitz and Vivaldi.

**Children Music**

## **Band Showcase**

14:00 - 17:00 Knighton & Clarendon Park Club

Listen to the best of local bands.

**Music**

## **Indian dance students showcase**

16:00 - 16:30 Christchurch

Sadir Arts will perform a Bollywood song using Bharatnatyam Indian classical dance steps and Nimisha will perform one solo Bharatnatyam piece called 'Alarippu'.

**Dance**

## **The divine sound of Greg Lint on the Erhu**

16:30 - 17:00 Christchurch (Worship Hall)

Greg Lint heard the erhu on a visit to China and taught himself to play this wonderfully evocative instrument.

**Music**

## **Indian Classical and Folk Dance**

19.00-20.00 Jewish Progressive Congregation

Nimisha Parmar will teach hand gestures and steps and then help us to bring them all together in Indian classical and folk dance

**Dance**

## **Knighton Chamber Orchestra**

19:30 - 22:00 Fraser Noble Hall

Knighton Chamber Orchestra - Bach Concerto for Two Violins, Mozart Piano Concerto No. 20 in D minor, Beethoven Symphony No. 2

£10/£8 Concessions, £3 under 18 and students

**Music Affiliated**

## **Jewish Circle Dancing**

20:00 - 21:00 Jewish Progressive Congregation

Sociable dancing session led by Leon Charikar. Easy steps, fun for all ages.

**Dance**

## **Music at Clarendon Park Summer Fair**

11:00 - 17:00 The stage on Queens Road

Music at the ArtBeat Stage at the Clarendon Park Summer Fair

**Music Summer Fair**

## **Movement for Well Being and Bone Health**

14:00 - 15:00 Emma Brown Salon (upstairs)

Exploring ways to give brain/body/mind more movement options and to improve posture.

Limited space - phone 0116 3194176 to book.

**Health**

## **Self Acupressure - Neck and Shoulders for Relaxation**

15:30 - 16:30 Emma Brown Salon (upstairs)

Learn to take the tension out of your body with simple finger pressure techniques.

Limited space - phone 0116 3194176 to book.

**Health**

## **Hebrew and Yiddish Songs**

14:00 - 16:00 Leicester Progressive Jewish Congregation

Rabbi Cantor Solomon sings Hebrew and Yiddish songs, with a break for refreshments. If you have a song you would like to hear, email [chair@lpjc.org.uk](mailto:chair@lpjc.org.uk)

**Faith Music Food**

## **Shir B'Yachad - Sing Together**

16:00 - 18:00 Teshuvah Messianic Synagogue, Brice Hall

Join us as we enjoy songs from Debbie Friedman, Craig Taubman and other bards of the vibrant, contemporary North American Jewish liturgical genre.

**Faith Music**

## **A Tribute to Abba**

20:30 - 23:00 Knighton & Clarendon Park Club

Fabulous tribute band will be playing all the hits from Sweden's most famous musicians.

**Book your place where you see 'Limited space' by ringing the relevant number**

Monday 19<sup>th</sup> June

**Meet the Neighbours: We All Belong**

14:30 - 17:00 Friends Meeting House  
(Small Meeting Room)

Over 20 diverse faith groups in the Clarendon Park area, gathering to get to know each other and strengthen friendships in the community.

**Faith Food Community**

**Kindly sponsored by Price Busters, Queens Road.**

**Fear and Transloathing in the UK**

18:00 - 21:00 Friends Meeting House (Small Meeting Room)  
Film and discussion: Awareness of the difficulties faced by the transgender community. Food and soft drinks. All welcome.

**Food Community**



**Understanding and Designing Technology to Fit People's Everyday Practices: Challenges and Opportunities in Healthcare and Sustainability**

19:00 - 20:00 Friends Meeting House (Library)

In this talk, Dr Nervo X Verdezoto of the Informatics Department, the University of Leicester, will present some of the challenges and opportunities for designing technology (e.g., self-care technology, eco-feedback technology) that can fit into people's everyday practices using several case studies from his research.

**Science Health**

**Philosophy in the Pub: Is it okay to murder Granny?**

20:00 - 22:00 The Clarendon

How far can the good of the community override the interests of individuals?

This is inspired by all the complaints about bed blocking!

**Philosophy**

**For more detailed information about all events and any changes to times please visit**

**[www.clarendonpark.net](http://www.clarendonpark.net)**

**or our Facebook page**

**[www.facebook.com/clarendonparkartbeat](https://www.facebook.com/clarendonparkartbeat)**

# ArtBeat 2017 at a Glance

## Friday 16th June

### Sight reading Shakespeare

13.00-15.00  
Knighton Library

**Literature**

### Tangent Poets & U3A Creative Writing Group

14.00-17.00  
Friends Meeting House

**Poetry**

### Open Mic Acoustic Music & Poetry

18.00-20.00  
Friends Meeting House

**Music Poetry**

### Imagery & Alternatives to Animal Experiments

19.00-20.00  
Friends Meeting House

**Science**

### A Right Carry On Up The Clarry

20.00-22.30  
The Clarendon

**Comedy Music**

## Saturday 17th June

### Stoneygate Music Centre Open Day

10.00-16.00  
Leicester Prep School

**Music Affiliated**

### Qi Gong in the Garden

11.00-11.30  
Community Gardens

**Health**

### Barbecue - 25 Years of

**Christchurch**  
11.00-13.00  
Christchurch

**Community Family**

### Mindfulness for Families

12.00-12.45  
Create studios

**Health Family**

### Strings Masterclass

12.00-14.00  
Christchurch

**Music**

### Acoustic and Antiques

13.30-16.00  
Antiques Warehouse

**Music**

### SoundsWrite New Poetry Collections

14:00 - 15:00  
Knighton Library

**Poetry**

### Jonathan Plays the Violin

14.00-15.30  
Christchurch

**Music**

### Band Showcase

14:00 - 17:00  
Clarendon Park Club

**Music**

### Indian Dance Showcase

16.00-16.30  
Christchurch

**Dance**

### Greg Lint on the Erhu

16.30-17.00  
Christchurch

**Music**

### Indian Classical & Folk Dance

19.00-20.00  
Jewish Progressive  
Congregation

**Dance**

### Knighton Chamber Orchestra

19.30-22.00  
Fraser Noble Hall

**Music Affiliated**

### Jewish Circle Dancing

20.00-21.00  
Jewish Progressive  
Congregation

**Dance**

## Sunday 18th June

### Music at Clarendon Park Summer fair

11.00-17.00  
Queens Road

**Music**

### Hebrew and Yiddish Songs

14.00-16.00  
Jewish Progressive  
Congregation

**Music**

### Movement for Well Being

14.00-15.00  
Emma Brown Salon

**Health**

### Self Acupressure

15.30-16.30  
Emma Brown Salon

**Health**

### Shir B'Yachad - Sing Together

16.00-18.00  
Brice Hall

**Music**

### A Tribute to Abba

20.30-23.00  
Knighton & Clarendon Park  
Club

**Music**

## Monday 19th June

### Meet the Neighbours: We All Belong

14.30-17.00  
Friends Meeting House

**Faith Community**

### Fear & Transloathing in the UK

18.00-21.00  
Friends Meeting House

**Community**

### Designing Technology to Fit People's Everyday Practices

19.00-20.00  
Friends Meeting House

**Science**

### Philosophy in the Pub

20.00-22.00  
The Clarendon

**Philosophy**



# ArtBeat 2017 at a Glance

## Tuesday 20th June

### With Great Pleasure Poetry

10.00-11.30

Vernon House

Poetry *Affiliated*

### Designing a Fantasy House

13.00-15.00

Knighton Library

Creative

### Sing to Breathe Easy Group

13.00-15.00

St James the Greater

Music *Affiliated*

### Aquinas - The Big Man & his big Philosophy

18.00-19.30

Friends Meeting House

Philosophy

### Heads Up!

18.30-19.30

Geeta Bhavan Hindu Temple

Fashion Faith

### Chris Conway & Andy Nicholls - Jazz Pathways

19.30-22.30

Fingerprintz café

Music

### The Book Quiz

Knighton & Clarry Park Club

20.00-22.00

Literature

## Wed 21st June

### Midsummer Celebration

11.30-13.30 & 17.30-18.30

Community Garden

Faith

### U3A Singing for Pleasure

14.00-15.00

Christchurch

Music

### Maypole Dance Workshop

14.30-15.30

Community Garden

Dance Families

### Bharatnatyam children's Indian dance workshop

16.00-17.00

Avenue Primary School

Dance

### Artefact to Art

18.00-20.00

Friends Meeting House

Creative

### Inner Dance Meditation Workshop

19.00-21.00

Friends Meeting House

Health

### Laff in the pub !

20.00-22.30

The Clarendon

Film Comedy

## Thursday 22nd June

### 20 questions to ask when designing a garden

13.00-15.00

Knighton Library

Creative

### Theosophy and Universal Brotherhood

Geeta Bhavan Temple

17.30-19.30

Philosophy

### Open Mic Acoustic Music and Poetry

Friends Meeting House

18.00-20.00

Music Poetry

### SoundsWrite meeting

19.00-21.30

Friends Meeting House

Poetry *Affiliated*

### ArtBeat Rocks the Donkey

19.30-23.00

The Donkey

Music

### Guitar Concert by Yvonne Bloor

20.00-21.00

Friends Meeting House

Music

## Friday 23rd June

### Visit to Sikh Temple

12.30-13.30

Guru Amar Das Gurdwara

Faith

### Rob Gee's creative writing workshop

14.00-16.00

Knighton Library

Literature

### Tell a Story Poem

16.30-18.00

Friends Meeting House

Poetry

### Weird Worlds & How We Build Them

18.30-21.00

Friends Meeting House

Creative

### Charity Concert

19.00-20.30

Stoneygate Music Centre

Music *Affiliated*

### Lindy Hop Dance

19.30-22.00

Create Studios

Dance

### Band Night

20.30-23.00

The Craddock

Music

## Saturday 24th June

### Worship Architecture Walk

10.00-12.00

Meet at Friends Meeting House

Architecture Faith

### Student Music Showcase

12.00-14.00

Christchurch

Music

### Going, going, gone!

13.00-15.00

Friends Meeting House

Poetry

### Poetry Prize Presentation

13.00-17.00

Friends Meeting House

Poetry

### Bake Club

14.00-16.00

The Clarendon

Food Creative

### Come and Sing - Songs from the Proms

14.00-17.00

Christchurch

Music

# ArtBeat 2017 at a Glance

## Fun Guitar Taster Session

14.00-17.00

Create Studios

Music

## Worship Architecture Walk

15.00-17.00

Meet at Friends Meeting House

Architecture Faith

## Salsa Workshop

17.00-18.00

Create Studios

Dance

## Line Dance Demonstration & Beginners class

Knighton and Clarendon Park Club

17.00-18.30

Dance

## Sacred Hymns from the

Sikh Faith

18.30-20.00

Gur Panth Parkash Gurdwara

Music

## ArtBeat Hoedown

19.00-23.00

Knighton and Clarendon Park Club

Dance

## Sunday 25th June

### Church in the Park

10.30-12.30

Victoria Park

Faith

### Family Fun Day

11.00-16.00

St John the Baptist School

Community Family

### Open Gardens at Queens Road Allotment Gardens

13.00-17.00

Community Family

### Movement for Well Being and Bone Health

14.00-15.00

Emma Brown Hair

Health

### Greenshoots Ceilidh

14.30-16.30

Christchurch

Dance Music

### Relaxing Classics for Violin and Piano

15.00-16.30

St. Thomas More Church

Music

### Self Acupressure for Relaxation

15.30-16.30

Emma Brown Hair

Health

### ArtBeat Going Out with a Bang!

19.30-11.00

The Donkey

Music Comedy

### OTHER

#### Treasure Hunt

16th to 25th June

Clarendon Park

#### Beer Festival

16th to 18th June

Knighton and Clarendon

Park Club

- Events are subject to change

For more information and the latest programme information visit [www.clarendonpark.net](http://www.clarendonpark.net)

- Book your place where you see 'Limited space' by ringing the relevant number.

- All events are free unless otherwise indicated.

- To contact the Day Manager during the festival call 0750 038 6931 or email [info@clarendonpark.net](mailto:info@clarendonpark.net)

- Children and vulnerable adults must be accompanied by a responsible adult (eg parent, carer) at all times.



@ClarryParkFest



@clarendonparkartbeat

## **With Great Pleasure**

10:00 - 11:30 Vernon House

Come and share a favourite poem or piece of prose or come and listen to others choices. Open to non-residents.

**Literature Poetry Affiliated**

## **Designing a Fantasy House**

13:00 - 15:00 Knighton Library

Anyone can dream and draw plans for their ideal mansion. Guided step by step tour, full instructions given. No previous experience needed. Bring your own pencils, paper & ruler.

**Architecture Creative**

## **Sing to Breathe Easy Singing Group**

13:00 - 15:00 St James the Greater (Music Room)

Group primarily for people with Chronic Obstructive Pulmonary Disorder and other breathing problems. Everyone welcome to come along and sing or just to listen.

**Music Health Affiliated**

## **Aquinas - The Big Man and his Big Philosophy**

18:00 - 19:30 Friends Meeting House (Library)

Why does Oxford have an institute devoted to studying the thinking of an overweight medieval friar. Find out about Aquinas, the heavy weight philosopher, from Peter Kilty.

**Philosophy U3A**

## **Heads Up!**

18:30 - 19:30 Geeta Bhavan Hindu Temple (Committee Room)

Come and learn how to put on an African head wrap, Sikh or Hindu turban, hijab or English headscarf. Bring a hat.

**Faith Fashion**

## **Chris Conway & Andy Nicholls – Jazz Pathways**

19:30 - 22:30 Fingerprintz Delicafe

Pianist/vocalist Chris Conway and tenor saxophonist Andy Nicholls play a blend of modern jazz standards, and atmospheric improvisations with classic and original jazz songs.

**Music**

## **The Book Quiz**

20:00 - 22:00 Knighton and Clarendon Park Club

Calling all bookworms: Test your literary knowledge at our Book Quiz.

This event was hugely popular last year, so get your team together and come early to get a good spot.

**Literature Quiz**

**Events are subject to change for the latest information visit [www.clarendonpark.net](http://www.clarendonpark.net)**

## **Midsummer Celebration**

11:30 - 13:30 Clarendon Park Community Garden  
Open Circle: A celebration of Midsummer, with the Beltane Spring Fayre Group. All are welcome.

**Faith**

## **U3A Singing for Pleasure**

14:00 - 15:00 Christchurch Clarendon Park (Hall)  
The members of the U3A "Singing for Pleasure" group invite you to join them and sing along with some well known favourites.

**Music U3A**

## **Maypole Dance Workshop**

14:30 -15:30 Community Garden  
Join in with traditional folk dance, led by Christine Rivers and with music by members of Greenshoots Ceilidh Orchestra. Lots of fun for all ages

**Dance Children Families**

## **Bharatnatyam classical Indian dance workshop**

16:00 - 17:00 After School Club, Avenue Primary School  
Nimisha's workshop will teach basic foot steps and hand gestures of classical Indian dance Bharatnatyam.

**Dance Children**

## **Midsummer Celebration**

17:30 - 18:30 Clarendon Park Community Garden  
Open Circle: A celebration of Midsummer, with the Beltane Spring Fayre Group. All are welcome.

**Faith**

## **Artefact to Art**

18:00 - 20:00 Friends Meeting House ( Craft Room)  
A talk by Dr Naoise MacSweeney of the School of Archaeology and Ancient History, UOL, with practical hints on getting inspiration for art works from ancient objects.

**History Creative**

## **Inner Dance Meditation Workshop**

19:00 - 21:00 Friends Meeting House (Small Meeting Room)  
Meditation set to music, guided by Sally Singer-Fraser, inner dance facilitator and reiki master. Please bring a yoga mat and blanket.

**Health**

## **Laff in the pub !**

20:00 - 22:30 The Clarendon  
Film and comedy in the Clarendon. Four comedians, five films, compered by Rob Gee, multi-award winning stand up poet, writer and crowd-pleaser.

**Film Comedy**

## **20 questions you should ask when designing a garden**

13:00 - 15:00 Knighton Library

Plan a garden from scratch. Answer 20 simple questions to make a garden plan for your imaginary plot. Use library resources to combine choice plants for a real show piece. Bring your own pens, pencils and paper.

**Gardens Creative**

## **Theosophy and Universal Brotherhood**

17:30 - 19:00 Geeta Bhavan Temple (Committee Room)

Our speaker Finian Heavey, is a longstanding student of the esoteric, President of the Nottingham Theosophical Society, and member of the Leicester Lodge.

**Philosophy Faith**

## **Open Mic Acoustic Music and Poetry**

18:00 - 20:00 Friends Meeting House (Large Meeting Room)

Drop in and play or sing, share your songs and poems, or just listen.

**Music Poetry**

## **SoundsWrite meeting (affiliated)**

19:00 - 21:30 Friends Meeting House (Small Meeting Room)

Soundwrite is an open group for women only with an enthusiasm for sharing/discussing published poetry, and workshopping poems-in-progress.

**Poetry**

## **ArtBeat Rocks the Donkey**

19:30 - 23:00 The Donkey

A brilliant night of live music showcasing local talent with Jitterz, Bomb Dogz and The Heartland Roots Band. Whatever your musical tastes, it'll be a night not to be missed.

**Music**

## **Guitar Concert by Yvonne Bloor**

20:00 - 21:00 Friends Meeting House (Large Meeting Room)

Guitar pieces from the Renaissance through to the present day: Fantasias by Dowland, and works from Spain and Argentina, with film music from Disney to Ennio Morricone, as well as her own compositions.

**Music**

**Events are subject to change for the latest information visit [www.clarendonpark.net](http://www.clarendonpark.net)**

## **Visit to Sikh Temple**

12:30 - 13:30 Guru Amar Das Gurdwara

Join us on a visit to the Sikh Temple, followed by Langar, a free shared community meal.

Places are limited. Please book on 0116 270 4765.

**Faith Food**

## **Rob Gee's creative writing workshop**

14:00 - 16:00 Knighton Library

Multi-award winning stand up poet, writer, crowd-pleaser and all round good egg. Rob's is the only performance ever to have instigated a fight at the Leamington Spa Peace Festival.

**Literature Poetry**

## **Weird Worlds and How We Build Them**

18:30 - 21:00 Friends Meeting House (Small Meeting Room)

How do you create a fictional world? A discussion about world building with readings illustrating fictional worlds the panel members have built and those the audience find fascinating.

**Creative Literature**

## **Charity Concert in aid of Orchestra Vita Active**

19:00 - 20:30 Stoneygate Music Centre

"Romantic Schumann" the chamber works by Robert Schumann by Mariko, Tamaki and friends. In aid of an orchestra of mentally disabled people.

Admission free of charge/ suggested donation of £5, all goes to charity.

**Music Affiliated**

## **Lindy Hop**

19.30-22.00 Create Studios

Join in the fun of dancing to the Swing music from a previous era with our very own Lindy-Hoppers.

**Dance**

## **Band Night**

20:30 - 23:00 The Cradock Arms,

Local bands plugged in and ready to go!

**Music**

**Book your place where you see 'Limited space' by ringing the relevant number**

## **Worship Architecture Walk**

10:00 - 12:00 and 15:00 - 17:00

Meet at Friends Meeting House

A look around some of Clarendon Park's places of worship (Jewish, Sikh, Christian, Hindu, Muslim) with an amazing variety of styles.

**Architecture U3A**

**Kindly sponsored by Barkers Estate Agents**



## **Student Showcase**

12:00 - 14:00 Christchurch Worship Hall

Stoneygate Music Centre presents music performance by young students in this region at this Student Showcase Concert. Stoneygate Music Centre in association with Leicester Preparatory School offers a quality, engaging music tuition weekly in the heart of Leicester.

**Music**

## **Going, going, gone!**

13:00 - 15:00 Friends Meeting House (Committee Room)

Share your own literary tribute all things gone in Clarendon Park and Leicester with the "Farewell to Fenwicks" poetry group. Barclays, Tomorrow's World, Peasgood...choose your own lost gem.

**Poetry Literature Affiliated**

## **Poetry Competition Prize Presentation**

13:00 - 17:00 Friends Meeting House ( Large Meeting Room)

The prize presentation for the poetry competition, on the theme of "We All Belong", for all age groups.

**Poetry Faith**

## **Bake Club**

14:00 - 16:00 The Clarendon

Love baking? Bring your baking based on the theme of 'ArtBeat' to The Clarendon pub where we'll taste test them and talk cake! Bring whatever you love baking be it cakes, biscuits, puddings, scones, bread or savoury titbits. Prizes for Clarendon Parks best bakes.

**Creative Food**

## **Come and Sing - Songs from the Proms**

14:00 - 17:00 Christchurch Worship Hall,

Join in those familiar and not so familiar songs from the Proms. Song sheets will be provided. There will be two hours to learn the songs, followed by a break and then an impromptu concert to finish.

The City of Leicester Singers is a well established Choral Society who have been singing in the city for 50 years. We sing a wide range of music from well-known choral works to The Beatles.

**Music**

## **Fun Guitar Taster Session**

14:00 - 17:00 Create Studios

A friendly introduction to guitar playing. Bring your guitar, learn a few notes and perform a short group piece by the end of the session.

**Music Children**

## **Line Dance Demonstration**

17:00—18.30 Knighton and Clarendon Park Club

Line dancing demonstration at 5pm, followed at 5.30pm by a line dancing class for beginners.

**Dance Music**

## **Salsa Workshop**

17:00 - 18:00 Create Studio 5

Learn some basic steps for this beautiful dance. Come and give it a try. No partner needed. Experienced Salsa teachers will inspire you and help you.

**Dance**

## **Sacred Hymns from the Sikh faith**

18:30 - 20:00 Gur Panth Parkash Gurdwara

Join us in listening to Sacred Hymns from the Sikh faith at Keertan. Followed by Langar, a free shared community meal. Meditation available.

Limited spaces, please book on 0116 270 4765.

**Faith Food**

## **The Knighton and Clarendon Park ArtBeat Hoedown**

19:00 - 23:00 Knighton and Clarendon Park Club

Free entertainment, classic country songs performed by Vintage Singer Lizzy Rushby. Slap your thighs and scoot them boots, come and have a fun filled evening at Artbeat's first hoedown.

**Music Dance**

**Book your place where you see 'Limited space' by ringing the relevant number**



## **Amazing Grace Church in the Park**

10:30 - 12:30 Victoria Park

Amazing Voices live gospel choir, food, games, lots of fun. Everyone is welcome. We are committed to loving God, one another and the people around us.

**Faith Music Food Families Affiliated**

## **Family Fun Day**

11:00 - 16:00 St John the Baptist Primary School

Come and celebrate St. John's Day with the family. Barbecue, refreshments and children's entertainment.

**Children Food Families Affiliated**

## **Open Gardens at Queens Road Allotment Gardens**

13:00 - 17:00 Allotments between 218 and 220 Queens Rd

Come and see a hidden and magical place behind Queens Road where people grow vegetables, fruit and flowers, but also keep chickens and bees, paint, make wine, mix socially and relax.

**Gardens Families Affiliated**

## **Movement for Well Being and Bone Health**

14:00 - 15:00 Emma Brown Salon upstairs

Exploring ways to give brain/body/mind more movement options and to improve posture.

Limited space - phone 0116 3194176 to book.

**Health**

## **Greenshoots Ceilidh Family Finale**

14:30 - 16:30 Christchurch Hall

Greenshoots Ceilidh Band invite you and your family to come and dance your socks off. A caller will guide you if you don't know the dance. All welcome.

**Dance Music Families Affiliated**

## **A Concert of Relaxing Classics for Violin and Piano**

15.00-16.30 St Thomas More Church

Well-known music for violin and piano, followed by refreshments in the parish rooms. Featuring Teresa Burbela (piano) and Martin Wiselka (violin).

**Music Food Affiliated**

## **Self Acupressure - Neck and Shoulders for Relaxation**

15:30 - 16:30 Emma Brown Salon upstairs

Learn to take the tension out of your body with simple finger pressure techniques. Limited space - phone 0116 3194176 to book.

**Health**

## **ArtBeat Going Out with a Bang!**

19:30 - 22:30 The Donkey

Join us for the finale to ArtBeat with music from Darren Jilks, The International Acoustic Playboys and comedy from Sarah Johnson and Stuart Woodings.

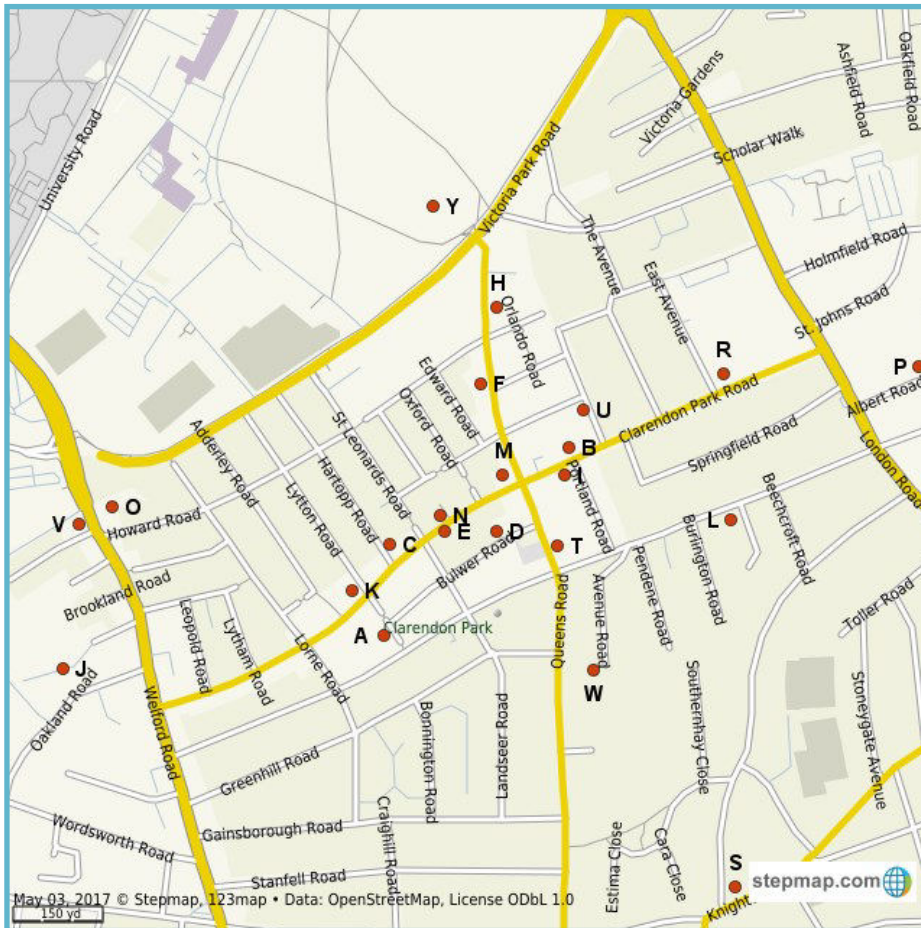
**Music Comedy**

## ArtBeat Venues

- A** Avenue Primary School
- B** Christchurch, Clarendon Park Rd
- C** Create Studios
- D** Clarendon Park Community Garden
- E** Emma Brown Salon
- F** Fingerprintz Delicafe
- G** Fraser Noble Hall
- H** Friends Meeting House
- I** Geeta Bhavan Hindu Temple
- J** Gur Panth Parkash Gurdwara
- K** Guru Amar Das Gurdwara
- L** Jewish Progressive Congregation
- M** Knighton and Clarendon Park Club
- N** Knighton Library, Clarendon Park
- O** Leicester Antique Centre
- P** Leicester Prep School
- Q** St James the Greater (Music Room)
- R** St John the Baptist Primary School
- S** St Thomas More Church
- T** Teshuvah Messianic Synagogue, Brice Hall
- U** The Clarendon pub
- V** .The Donkey Pub
- W** Vernon House
- X** Victoria Park

For full details of venue addresses see

[www.clarendonpark.net](http://www.clarendonpark.net)





## Acknowledgements

We would like to thank everyone taking part, as audience, performers, speakers or volunteers: you have all given your time for free. The venues have been generous to us, some providing their facilities for free or a nominal amount. Thanks to Barkers Estate Agents and Price Busters who have generously sponsored events. Also thanks to Leicester Vegetarian and Vegan group for the loan of their projector. We are very grateful to Castle Ward (Leicester City Council) for their significant contribution and support, without which there would be no ArtBeat.



**ARTBEAT 16-25 JUNE**